

**87086 ~ SALTY  
BUCKWHEAT GALETTE  
35cm 80g**

 **CHEF**  
*Gourmet*



**Product name :** Salty buckwheat galette 35cm 80g  
**\*DE :** Buchweizen Crepes  
**Item code :** 87086  
**Manufacturing origin :** France  
**Unit weight :** 80g each  
**Product size :** Ø35cm  
**Product category :** Baked and frozen

Not contractual illustration, after product preparation.

*Salty buckwheat galettes of Brittany, garnish and warm with the ingredients of your choice (ham, cheese, vegetables ...).*

## COMPOSITION AND CHARACTERISTICS

**Ingredients :** Water, buckwheat flour 31%, rapeseed oil, sea salt of Guérande.  
**Processing aid (greasing agent) :** sunflower oil.  
*Expressed as a percentage of the weight of the product before cooking.*

**May contain :** wheat (gluten), milk, egg and soy.

**Nutritional facts (for 100g) :**

Energy (kJ / kcal)	885 / 210
Fat (g)	6.3
of which saturated (g)	0.7
Carbohydrates (g)	31.5
of which sugar (g)	0.6
Proteins (g)	5.5
Salt (g)	1.26

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**STORAGE AND USE**

**SHELF LIFE** 18 months (at -18 °C / -0.4 °F) from production date (see 'BB' date).

<b>STORAGE</b>	<b>Refrigerator (+4 °C)</b>	<b>Ice Box (-12 °C)</b>	<b>Freezer (-18 °C)</b>
	1 to 2 days	3 to 4 days	18 months from production date

Frozen product. Do not refreeze after thawing.

**PREPARATION**

Defrosting : let defrost for 6 hours in the refrigerator at +4 °C (recommended) or 3 minutes in the microwave.  
Reheating : Place your buckwheat galette on a plate heated to 200 °C (recommended) or on a pan with a knob of butter. Garnish with the ingredients of your choice (egg, ham, vegetables, cheese...) and fold the buckwheat galette. Warm 20 seconds on each side.

**PACKAGING**

- ▶ Product packing : stack of 10 buckwheat galette wrapped in a PE plastic bag, flat
- ▶ Unit of sale : box of 4 stacks, make 40 buckwheat galette per box
- ▶ Pallet : 16 layers of 6 boxes, 96 boxes / 3 840 buckwheat galette per pallet

	<b>Dimensions (L x l x h) in mm</b>	<b>Net weight</b>	<b>Gross weight</b>
<b>Box</b>	388 x 380 x 100	3.200kg	3.490kg
<b>Pallet</b>	1200 x 800 x 1757	307.2kg	360kg

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